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In today's complex world, many people find themselves in need of spiritual comfort and support for managing the main problems of life. In addition to pastors, ministers and priests, they often need additional resources to give their concerns and difficulties and brainstorm for ethical solutions. This is where spiritual counsellors can offer practical advice and a support system, without judgment and with complete confidentiality. To do this, however, requires great skill in understanding human psychology and spiritual needs. Listening attitudes, communication, empathy and persuasive techniques can help customers find their way of understanding and growth in their spiritual lives. Evaluate your strengths. Make a thorough review of your formation and knowledge of religious history, practices and rituals. If you need additional training in behavior editing or consulting techniques, take classes at your local community college or university. Religious schools near where you live can offer lessons in some of these areas. The certification in the spiritual counselling of the American Institute of Healthcare Provider is available for those who cross formal training, often available online or by those who have completed related thematic areas. Decide on your market niche. If you choose to work in a particular religion, make sure that your knowledge of that religion is in-depth and complete. Knowing the precepts will instill confidence in your ability to consult others. If you want to have a more ecumenical approach, assisting professionals in many religions, you will need at least one work knowledge of the principles of many religious views and their application in everyday life situations. Some spiritual advisers offer services by phone or Internet for Daily Guide. Consider whether this type of service would be right for you or if you prefer to use a face-to-face consulting experience. Set up your place of activity. A quiet area of your home can be set aside for advice. Make sure the area is decorated in a serious and contemplative way without distractions from the consultancy tasks at hand. Decide how customers will pay your services and configure billing and payment systems. A user-friendly computer accounting program is the easiest way to track expenses and payments. A simple publication program for brochures, business cards and advertising materials is also useful. Target your advertising. Consider carefully how to reach your customer base. Churches and religious schools may be prepared to report the members of the Congregation. Place ads in religious publications in your area.Doctors and psychologists know about your services are available to their clients. Keep good records and pay taxes on time. Running a business successfully requires organization and careful attention to detail of office work. The tips provide the set schedule for counseling sessions, but also allow for emergency contact outside of that program. Warnings Warnings If you encounter problems that go out from its skills, it is ready to contact other health and mental health professionals. You are considering mourning therapy or mourning therapy, but you don't know what to expect? In this guide to mourning therapy and other types of professional support, we will provide a brief overview of mourning and we will discuss that it is the therapy of mourning and what it entails. We will also help you understand if you can benefit from mourning therapy and how to choose a mourning therapist. Finally, we will provide some resource resources for pain and loss. So is the pain? Pain is the process of facing a loss of some kind. Many people think mainly mourning or mourning: the mourning for the death of a loved one. However, you can sadden any kind of loss. This includes loss of a pet, loss of a loved job, a serious illness in you or someone near you, or the end of a friendship or a relationship. People can also feel pain over a period of great life changes, moving from a family home, fining a degree course, moving to a new city, even if they are excited for the transition. There are many ways to conceptualize the process of mourning. One of the most common ways, created by Elisabeth Kubler-Ross, is the five-stage model of mourning. This model assumes that a mourning person steps through five emotional states during the mourning process: # 1: I deny the feeling that the loss cannot be real # 2: anger for the loss # 3: negotiation Â «The impetus a try to "negotiate" the loss (or feelings of loss). It can lead to brood up what you could do otherwise. With mourning, it often accompanies the feeling that "I should have been" # 4: Depression, feel desperate and sad for loss # 5: acceptance, accept that the loss occurred and that life will continue another common model of Pain is the «four tasks of mourning» created by William Worden. According to this model, the afflicts must make four homework: # 1: Accept that the loss is really happened # 2: Working with the pain of loss # 3: Adapt to the new environment # 4: Maintain a connection with the person / relationship / etc. Lost while going on with life there are also pain models that try to describe the afflicted. A noteworthy is the model of the "pain styles" by Terry L. Martin and Kenneth J. Doka. This presupposes that there are three styles of mourning: the intuitive mourning is very emotional exterior and involves expressing inner emotions in a very visible way. We are commonly expected that people suffer this way in our society. This pain style is often stereotyped as the style â â â â â â â € "of pain. The instrumental mourning is less emotional exterior and more based on the action. It often involves doing lots of projects or completing physical or cognitive tasks such as way to process pain. People may think that instrumental bereavement is not simply “facing” their pain, but is facing it in a different way. This pain pain pain is generally stereotyped as the "Masculine" style of pain. Mixed lights involve a combination of the above styles. The truth is that most people are blended stornérs to a certain extent or to the other. It is very important to note that not everyone is grieving in the same way or according to a particular set of â€ â â€ â â â€ â â â â€ â â â â â€ â â â â€ â â â â â â â