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# Cracker barrel pancakes nutrition information



Vitamin at 0.0% Vitamin B-12 0.0% Vitamin B-6 0.0% Vitamin C 0.0% D 0.0% Vitamin E 0.0% Calcium 0.0% Copper 0.0% Folate 0.0% Iron 0.0% Magnesium 0.0% Manganese 0.0% Niacin 0.0% Pantothe Nico Á cid 0.0% Focoro 0.0% Riboflavin 0.0% Selenium 0.0% Thiamine 0.0% Zinc 0.0% Cracker Barrel Pancakes (2) (1Á e Serving) Calories: 260, Fat: 7g, Carbohydrates: 46g, Carbohydrates: Protein: 4G Display Full Nutrition Information Calories in Balloon Barrel Pancakes (2) Porción Size: 1 Amount Total Form 260.0 Total Fat 7.0 g Saturated Fat 2.9 g Cholesterol 29.0 mg of sodium 552.5 mg of potassium 125.5 mg of total carbohydrates 45.5 g Dietary fiber 0.0 g Azucar 0.0 g protein 4.1 g \* Percentage of daily values are based on a diet of 2,000 calories. Although the information provided on this site is presented in good faith and is believed to be correct, FatSecret does not cause the statements or the guarantees in terms of their integrity or precision and all the information, including nutritional values, at their own risk. Keep in mind that some food may not be adequate for some people and are urged to look for the advice of a doctor before starting any weight loss or diet rank. Vitamin at 0.0% Vitamin B-12 0.0% Vitamin B-6 0.0% Vitamin C 0.0% D 0.0% Vitamin E 0.0% Calcium 0.0% Copper 0.0% Folate 0.0% Iron 0.0% Magnesium 0.0% Manganese 0.0% Niacin 0.0% Pantothe Nico Á cid 0.0% FOCFORO 0.0% Riboflavin 0.0% Selenium 0.0% Thiamine 0.0% Zinc 0.0% Heals, Fat, Protein, Fiber, and Carbohydrates In the thigh, fat, protein, fiber, and carbohydrates in the Dorito chips , fat, protein, fiber, and carbohydrates in the lashes of calories, fat, proteins, fiber, and carbohydrates in red vines, fat, protein, fiber and carbohydrates in Lean 1600 Calorie Low Cholesterol Food Planee Your daily values may be higher or lower depending on your heat needs. Some of these foods were were by users and are subject to error. Vitamin at 0.0% Vitamin B-12 0.0% Vitamin B-6 0.0% Vitamin C 0.0% D 0.0% Vitamin E 0.0% Calcium 0.0% Copper 0.0% Folate 0.0% Iron 0.0% Magnesium 0.0% Manganese 0.0% Niacin 0.0% Pantothe Nico Á cid 0.0% Focoro 0.0% Riboflavin 0.0% Selenium 0.0% Thiamine 0.0% Zinc 0.0% Cookie Barrel Pancakes (1- e Portion) Calleities: 170, Fat: 3G, Carbohydrates: 34g, Protein: 4G Show Full Nutrition Information Nutrition Of the calories in Cracker Barrel Size of the Holder: 1 Amount PORTCIATION FOR HERALS 170.0 Total fat of 2.5 g saturated 0.5 g of 0.5 g of polyunsaturated fat 0.0 g of cholesterol 30.0 mg Sodium 810.0 mg of potassium 0.0 mg of total carbohydrates 34.0 g Dietary fiber 0.0 g of Azúcar 0.0 g of Azúcar 5.0 g. \* The daily values of the percentage are based on a diet of 2,000 calories. Vitamin at 3.0% Vitamin B-12 1.9% Vitamin B-6 2.9% Vitamin C 3.0% 0.0% Vitamin E 2.3% Calcium 64.0% Copper 0.0% Folate 0.0% Iron 7.5% Magnesium 0.0% Manganese 0.0% Niacin 0.0% Pantothetic Á cid 0.0% Focoro 0.0% Riboflavin 0.0% Selenium 0.0% Thiamine 0.0% Zinc 3.4% Cracker Barrel Pancakes, 1 Pancake (1 e portion) Calories: 170, Fat: 3G, Carbohydrates: 34g, Protein: 4G Display Information about Full Nutrition Information Heating data in Cracker Barrel Pancakes, 1 Pancake portion size: 1 Amount by calories 170.0 Total grease of 2.5 g saturated 0.5 g of 0.5 g of polyunsaturated fat 0.0 g of monounsaturated fat 0.0 g Cholesterol 30.0 mg sodium 810.0 mg potassium 0.0 mg Potassium carbohydrate 34.0 g Dietary fiber 0.0 g Azulcars 5.0 g Protein 4.0 g \* Percentage of daily values are based on a 2,000 diet calories. Cracker Barrel PancakesÁ e (1Á, Serving) Calories: 520, Fat: 14G, Carbohydrates: 91 g, Protein: 8G Display Information on Full Nutrition Nutrition Nutrition Data Calleries in Cracker Barrel Pancakes Size of the Portal: 1 Amount Porción by PORTION HERAL 520.0 Total fat of 14.0 g 5.8 g Polyunsaturated FAT 1.9 g Monounsaturated monounsaturated 5.3 g Cholesterol 58.0 mg of sodium 1,104.0 mg of potassium 251.0 mg of total carbohydrates 90.9 g of diet fiber 0.0 g Azucar 0.0 g ProteÁna 8.3 g \* Percentage of daily values are based on a diet of 2,000 heatÁas. Vitamin A 0.0% Vitamin B-12 0.0% Vitamin B-6 0.0% Vitamin C 0.0% D 0.0% Vitamin E 0.0% Calcium 0.0% Copper 0.0% Folate 0.0% Iron 0.0% Magnesium 0.0% Manganese 0.0% Niacin 0.0% PantotototÁ cid 0.0% fÁ sforo 0.0% riboflavin 0.0% selenium 0.0% thiamine 0.0% zinc 0.0% cracker barrel panquees syrupÁe (1Áe porciÁ n) Heat: 300, fat: 15g, Carbohydrates: 75g, proteÁna: 1g Show \* information about nutrition complete Nutrition Information Nutrition Data Heat in Cracker Barrel Pancakes with Serving TamaÁe: 1 Amount porciÁ n per heatÁas 300.0 Total fat 15.0 g Saturated fat 0.0 g 0.0 g Polyunsaturated failure 0.0 g Monounsaturated failure 0.0 g Cholesterol 0.0 mg 0.0 mg potassium 0.0 mg total carbohydrates 75.0 g dietary fiber 4.0 g of sugar 20.0 g ProteÁna 1.0 g \* Percentage of daily values are based on a diet of 2,000 heatÁas. Vitamin A 0.0% Vitamin B-12 0.0% Vitamin B-6 0.0% Vitamin C 0.0% D 0.0% Vitamin E 0.0% Calcium 0.0% Copper 0.0% Folate 0.0% Iron 0.0% Magnesium 0.0% Manganese 0.0% Niacin 0.0% PantotototÁ cid 0.0% fÁ sforo 0.0% riboflavin 0.0% selenium 0.0% thiamine 0.0% zinc 0.0% cracker panquees 1 pancake) Áe (1Áe porciÁ n) Heat: 110, fat: 3G, carbohydrates: 17g, proteÁna: 3G Show NutriciÁ n complete NutriciÁ n Facts HeatÁ as in Pancakes of biscuit barrel (1 pancake) ³ of porciÁ n ³: 1 Amount of heat serviceCas 110.0 Total fat 3.0 g Saturated failure 1.0 g 1.0 g Polyunsaturated Fat 1.0 g MonuSaturated Fat 2.0 g Cholesterol 30.0 mg 450.0 mg potassium 0.0 mg potassium carbohydrates 17.0 g Fiber 1.0 g Azocar 0.0 g ProteÁna 3.0 g \* Percentage of daily values are based on a 2,000-heat diet. Vitamin A 0.0% 0.0 0.0 erboc ed %0.0 oiclaC %0.0 E animatiV %0.0 D %0.0 C animatiV %0.0 6-B animatiV %0.0 21-B Folate 0.0% Iron 0.0% Magnesium 0.0% Manganese 0.0% Niacin 0.0% Pantothenic acid 0.0% Phosphorus 0.0% Riboflavin 0.0% Selenium 0.0% Thiamine 0.0% Zinc 0.0% Biscuit barrel pancakes filled with cherry fruit (1 portion) Calories: 0, Fat: 0g, Carbohydrates: 0g, Protein: 0g View

complete nutrition information Nutrition Facts Calories in Cracker Barrel Pancakes with Cherry Fruit Topping Portion Size: 1 Portion Quantity Per Portion Calories 0.0 g C Saturated fat 0.0 g Polyunsaturated fat 0.0 g Monounsaturated fat 0.0 g Cholesterol 0.0 mg Sodium 0.0 mg Pot Asium 0.0 mg Total carbohydrates 0.0 g Dietary fiber 0.0 g Sugars 0.0 g Protein 0.0 g \*Percent Daily values are based on a diet of 2,000 calories. Portion size: 1 portion Calories 440.0 Total fat 24.0 g Saturated fat 8.0 g Polyunsaturated fat 8.0 g Monounsaturated fat 12.0 g Cholesterol 240.0 mg Sodium 3,600.0 mg Potassium 0.0 mg Total carbohydrates 136.0 g Dietary fiber 0.0 g Azocares 0.0 g Protein 0.0 g 0 g Vitamin A 0.0% Vitamin B-12 0.0% Vitamin B-6 0.0% Vitamin C 0.0% Vitamin D 0.0% Vitamin E 0.0% Calcium 0.0% Copper 0.0% Folate 0.0% Iron 0.0% Magnesium 0.0% Manganese 0.0% Niacin 0.0% Pantothenic acid 0.0% Phosphorus 0.0% Riboflavin 0.0% Selenium 0.0% Thiamine 0.0% Zinc 0.0% \*Percent Daily values are based on a 2,000-calorie diet. Vitamin A 0.0% Vitamin B-12 0.0% Vitamin B-6 0.0% Vitamin C 0.0% Vitamin D 0.0% Vitamin E 0.0% Calcium 0.0% Copper 0.0% Folate 0.0% Iron 0.0% Magnesium 0.0% Manganese 0.0% Niacin 0.0% Pantothenic acid 0.0% Phosphorus 0.0% Riboflavin 0.0% Selenium 0.0% Thiamine 0.0% Zinc 0.0% Pancakes Cracker Barrel (1 portion) Calories: 110, Fat: 3g, Carbohydrates: 17g, Protein: 3g Display complete nutrition information Nutrition Facts Calories in Pancakes Cracker Barrel Portion Size Portion: 1 portion Quantity per portion Calories 110.0 Total Fat 1.0 polyunsaturada f 1.0 g grasa monoinsaturada 2.0 g cholesterol 30.0 mg mg 450.0 mg Potassium 0.0 mg Total Carbohydrate 17.0 g Dietary Fiber 1.0 g Sugars 0.0 g Protein 3.0 g \*Percent Daily Values are based on a 2,000 calorie diet. All trademarks, copyright and other forms of intellectual property are property of their respective owners. owners.

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